













































CHILD DEVELOPMENT MILESTONES

"If your child cannot do one or more of the activities, according to their age, they should be taken to a pediatrician for assessment".

	3 Months	6 Months	12 Months	2 Years	3 Years	5 Years
Gross Motor	 Lifts head briefly	 Roll back to stomach & can sit with support from own arms	 Crawls & can pull self to stand	 Can walk alone or with support from 1 hand	 Can run	 Can climb large stairs
Fine Motor	 Tries to reach out with hands, hit objects nearby	 Can hold objects with whole hand	 Can hold objects with both hands and pass objects between hands	 Can make a simple tower	 Can do simple puzzles	 Can throw and catch a ball can copy simple shapes
Social Skills	 Recognizes mother, smiles	 Responds to simple gestures	 Copies simple actions	 Starts to play with other children	 Plays cooperatively with other children	 Plays group games, separates easily from mother
Hearing	 Stops moving at new sound	 Turns to look at sound	 Enjoys music	 Will turn & point to objects making sound	 Follows simple instructions	 Is curious & listens to explanations
Vision	 Looks at bright objects	 Enjoys bright/moving objects	 Is attracted by moving objects & tries to catch them	 Is curious & looks closely at objects	 Can sort objects	 Can recognise objects and place that are far away
Language	 Smiles & makes noise	 Repeats simple sounds "ahh, gaa"	 Responds to names, can repeat single words and sounds	 Make simple sentences of 2-3 words	 Can ask & answer simple questions	 Uses lots of language, can tell stories & describe things
Self Care	 Suckles	 Eats semi-solid / crushed food	 Drink from cup	 Wash hands	 Eats with a spoon	 Can undress
						 Helps with simple Household task
						 Can dress alone